

DIRECTORY OF HUMANISTIC PROFESSIONALS 2005



2005 Directory of Humanistic Professionals

***AHP Professional Members (geographically)
Services Available to AHP Members
What is a Humanistic Professional?***

ASSOCIATION FOR HUMANISTIC PSYCHOLOGY

This Professional Directory contains listings specifically submitted by AHP's Professional Members.

AHP's Regular Membership also comprises many humanistic professionals in a wide variety of disciplines.

AUTHORS PAGE listings available to any AHP member who has published/recorded.

**SERVICES TO
AHP MEMBERS**



began in 1962 as a vehicle to develop a bold new force in psychology that emphasized the conscious mind and the human ability to create our lives and communities. Today AHP is an international network of people with diverse talents and interests who champion a focus on the whole person in therapy, education, business, and the community. We are dedicated to the exploration, healing and expansion of the human psyche, body, mind, and soul, and to building a more humane world.

PROFESSIONAL LIABILITY INSURANCE—A broad range of coverage is available through American Professional Agency, Inc., for AHP members. Call 800/421-6694 for information. American Professional Agency has specialized in professional liability insurance for mental health professionals for twenty years. Liability programs include coverage for psychologists, psychiatrists, marriage and family therapists, school psychologists, social workers, mental health counselors, and students.

HEALTH AND LIFE INSURANCE—AHP offers members various coverage options from Seabury & Smith, at 800/323-2106, info@ahw.com, and through the National Association of Socially Responsible Organizations (NASRO) at 800/638-8113, www.nasro.co-op.com.

CONTINUING EDUCATION CREDITS—AHP offers Continuing Education credits for most of its events for: 1) California LCSWs and MFCCs, through the California Board of Behavioral Sciences; 2) social workers, through the State of Illinois Dept. of Professional Regulation for Registered Social Workers; 3) counselors, through the National Board for Certified Counselors; 4) nurses, through the California Board of Registered Nursing; and 5) massage therapists—the American Massage Therapy Association does not certify any programs, but will accept hours if the individual therapist thinks they are applicable to his/her practice.

JOURNAL OF HUMANISTIC PSYCHOLOGY AND AHP PERSPECTIVE MAGAZINE—All AHP Professional Members receive the *Journal of Humanistic Psychology* free. Regular AHP Members receive a 50% discount on the *JHP*. ALL AHP members receive the bimonthly *AHP Perspective* magazine free.

ahpweb—This award-winning, interactive, on-line publication ahpweb.org draws more than 175,000 hits/month. *Ahpweb* presents humanistic ideas, events, people, projects, bibliographies, books, graduate program listings, etc. *Members are invited to find other members using the Members List, participate in topical interactive forums, to develop new ones, and to contribute to the Members' sections.* Memberlinks is *ahpweb's* direct line to the innovative ideas, creative works, services, books, tapes, and workshops presented on the web sites of our members.

COMMUNITIES—AHP supports community building among our members. Contact Steve Olweean at solweean@aol.com or 616/665-9393 for International Energy Centers and Katy Brant at ekbrant@aol.com for U.S. Energy Centers.

AHP MAILING LISTS—Members receive a discount on renting AHP's mailing lists. Contact Bonnie Davenport at the AHP office for 5,000 names or fewer, at 510/769-6495, or ahpoffice@aol.com. To rent a larger list, c. 50,000+ names, contact Pacific Lists at 415/945-7608.

— services continued on next page

SERVICES TO AHP MEMBERS (continued)

CECs, DISCOUNTS ON ADVERTISEMENTS, CONFERENCES, BOOKS—Members receive a 10% discount on display ads (including on [ahpweb](#)) and bulletin board ads in the *Perspective* magazine. See [Advertising Rates](#), or call Kathleen Erickson at 415/435-1604. Members receive discounts on many events on the AHP Calendar, many of which offer CECs. Members receive a 10% discount on books from Sage Publications.

AHP SPONSORSHIP OF YOUR WORKSHOP OR EVENT—Members may apply for AHP sponsorship or co-sponsorship, which includes posting on the AHP Calendar of Events, on both [ahpweb.org](#) and in the *Perspective* magazine. Contact Kathleen Erickson, AHP Events Committee Chair at EricksonEditorial@att.net.

WRITE FOR THE PERSPECTIVE—We encourage AHP members to write articles on topics related to humanistic psychology in the broadest sense. See the latest *Perspective* for a list of upcoming themes. If you would like to join the group of book reviewers who receive a list of books available for review, please contact the book review editor, Kathleen Erickson at 415/435-1604, EricksonEditorial@att.net.

DIRECTORY OF HUMANISTIC PROFESSIONALS—AHP Professional members only may be listed in this Directory.

What is a Humanistic Professional?

Humanistic Professionals direct their life and work by the values of humanistic psychology. As you can see from these pages, many Humanistic Professionals are psychologists and/or psychotherapists. But not all. We are also educators, consultants, futurists, somatic practitioners, social workers, nurses, writers, organizational developers, international activists, students.

It makes a positive difference in the world when people who stand for humanistic values declare themselves, together. Every profession represented here can be changed, needs to be changed, in the direction of offering more respect for the individual, basing relationships more on empowerment than on "power over;" valuing honesty, vulnerability, and compassion. You have here a list of revolutionaries. Each of these people in his or her own way, lives and works by a set of values that are, unfortunately, still radical.

What are these values?

For myself, I try to approach each individual person with respect and an attitude of fundamental equality. Even if our roles make us temporarily unequal in one context (as in teacher and student), I try to remember that we are both learning and growing.

I try to avoid putting people into categories and pigeonholes. If I must, I try to remember that the individual is always more than a category.

I try to operate with mutual honesty and mutual vulnerability. I am not a professional mask. My humanness is transparent.

I try to respect the differences between myself and others. When there are differences, I try to begin by listening.

I try to give myself the same respect and honor that I want to give to another person.

I try to respect my need for personal time and personal space, and I lovingly stand up for myself when I need to.

I urge you, as a Humanistic Professional, to be proud of the values you hold. Live them boldly, knowing that every time you treat a human being humanely, that behavior spreads by ripples through the whole society. Know that you are not alone: this Directory contains a community of support. Use this Directory—refer to each other, call each other up, draw upon your network.

If you know someone who should be in the Directory, but isn't, urge them to join AHP. Students are welcome—we are proud of our special Student Professional Membership category.

The more we support each other in living our unique expressions of humanistic values, the more we make a positive difference in the world. Let's do it!

—Ann Weiser Cornell, AHP President Emerita

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Offers clients and students an awareness of and primary identification with the Authentic Self. Provides play therapy for child survivors of sexual trauma and restorative therapy for adults, couples, gays & lesbians, and adolescents who wish to restore the power of their own authenticity.

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American Indian spiritual leader, psychotherapist. Adults, individuals, couples, groups

Body/mind soul, (life force energy and breath of life from creation); assisting the individual to live in balance. Experienced as a humanistic and pastoral counselor, trained in gestalt therapy, an heir to Cherokee bodywork and served a residency in manual physical medicine in Bei Jing, China—I've come a long way from talk psychotherapy. My service is Traditional Holistic Wellness/Healing. Cherokee Elders have told me to train successors. Individuals apply by a personal letter and, once accepted, are taught in four week-long retreats per year. Classes currently exist in Poland, Germany, and the USA. (Please refer to the March/April 1999 AHP Perspective article.)

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Human Wisdom is an educational company that assists individuals and organizations with personal growth and wellness. Our goal is to help people achieve balance in their lives. We aim to do this through interactive workshops and week-long intensive retreats,

books, and multimedia products that use a fun and adventurous process of self-discovery.

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The Sedona Method is a technique to help people let go of their emotions on the spot, including anger, fear, anxiety, grief and depression, bad habits and compulsive behaviors.

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*My practice addresses the epidemic of malnutrition in our culture known as obesity. Health teacher; wellness mentor; I attempt to bridge the gap between traditional and holistic healthcare. Currently, I am writing my first book, **The Ultimate Imbalance of Power: Insulin Resistance.***

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Human Wisdom is an educational company that assists individuals and organizations with personal growth and wellness. We aim to do this through interactive workshops and week-long intensive retreats, as well as with books and multimedia products that use a fun and adventurous process of self-discovery.

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Specializing in supporting women discharge traumas that give birth to rage, and reuniting body and mind through somatic truth-telling, contemplation, artistic expression, and self-compassion. Retreats and workshops are inner-directed and weave psychological, somatic, and metaphysical wisdoms. We augment ongoing therapeutic practices through client referral and develop practitioners. Author of **Healing Rage—Women Making Inner Peace Possible** (Scared Spaces Press, 2004).

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*Author of **Are You in Love with a Vampire? Healing the Relationship Drain Game.***

Through reading energy patterns I assist in balancing mind/body/spirit with soul essence and purpose.

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Mrs. Huxley has experienced many things in her life as a writer, psychological counselor, lecturer, and seminar leader in the human potential movement. She has intensely studied health, nutrition, and psychology. In 1977, she founded Children: Our Ultimate Investment, a nonprofit 501(c)(3), whose mission is that we live in a world well prepared to welcome each, new, tender human being with love and grace. Love Before the Beginning."

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RAMONA

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Possibilities life coach, spiritual counselor, teacher, writer, musician. I work with people to get out of the "boxes" of fear and self-limitation so that they are able to create a life

they love. I assist clients in creating a vision for their lives and support them in getting there. I offer a variety of tools to help clients uncover and transform blocks that are holding them back, including energy work.

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Therapy for the body, mind, and soul, using the Riso-Hudson Enneagram. Understanding yourself in an Enneagram personality type allows for transformation, healing, growth,

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am interested in why. I should be glad to hear from anyone who has interest in the subject and to see any patient with this problem. I am also interested in seeing any patient who wants help with suffering of any kind.

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Psychotherapist in private practice. I work with individual adults dealing with issues such as depression, anxiety, life changes, loss and grief, and family of origin issues. For more information, I invite you to visit my web site.

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*once accepted, are taught in four week-long
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Poland, Germany, and the USA. (Please refer
to the March/April 1999 AHP Perspective
article.)*

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